

WIRRAL & CHESTER TAEKWONDO ACADEMY TIMETABLE

Unit 7, Grisedale Road, Bromborough. CH62 3QA

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
9am						Juniors (Mr Saunders)	Tots (Mr Jones)
10am	Ladies Self-Defence (Mr Stear)			10.30am OPEN Free time		OPEN Free time	Families (Mr Jones)
11am						Families (Mr Jones)	Tots (Mr Orford)
Noon	OPEN Free time		OPEN Free time	OPEN Free time		OPEN Free time	Juniors (Mr Orford)
1pm			OPEN Free time				
2pm							
3pm							
4pm			Little Kickers WBC				
5pm	Tots (Mr Orford)	Juniors (Mr Stear)	Tots (Mr Orford)	Tots (Mr Orford)			Induction Class Beginners (Mr Stear)
6pm	Juniors (Mr Orford)	Juniors (Mr Saunders)	Juniors (Mr Orford)	Juniors (Mr Orford & Mr Stear)	Families (Mr Saunders)		Families (Mr Stear)
7pm	Families (Mr Saunders) until 8.15pm	Families (Mr Saunders) until 8.15pm	Families (Mr Jones)	Families (Mr Stear)	OPEN Free time		
8pm	OPEN Free Time	OPEN Free Time	OPEN Free time	Seniors & Sparring (Mr Saunders)			

TOTS

JUNIORS

INDUCTION
CLASS

FAMILIES

SENIORS

FREE TIME

LADIES SELF-
DEFENCE

Anyone wishing to book a 1-2-1 session, please speak with your instructor